Emotional Rescue Essays On Love Loss And Life With A Soundtrack

Mo' Meta Blues Saving Simon Love Illuminated Things That Are The Email The Slippage Dog Town What If This Were Enough? Rescue and Jessica Cherished They Both Die at the End Love and Other Ways of Dying Rookie on Love Blind Hope Share and Modernity in Britain Feminist Perspectives on Ethics Aquarian Rescue By Tordin Book of Days Circle is a Balloon and Compass Both The Function of Emotions Love's Labor Once Big Love Move The Needle The First Collection of Criticism by a Living Female Rock Critic Charlie Bear The Lifetime Soundtrack My Life Next Door Emotional Rescue Emotional Rescue Canada's Best Features Hard to Love What He's Poised to Do Scents of the Missing On Love Runaway Bride Rising Sun to the Rescue Emotional Rescue Dig If You Will the Picture

"I look to Scott for wisdom and leadership and he has delivered both with Big Love. This book opened my heart and mind and I'm forever grateful." — Glennon Doyle, author of #1 New York Times bestseller Love Warrior What happens when you fully commit yourself to love? Endless good, insists Scott Stabile, who found that out by overcoming plenty of bad. His parents were murdered when he was fourteen. Nine years later, his brother died of a heroin overdose. Soon after that, Scott joined a cult that dominated his life for thirteen years before he summoned the courage to walk away. In Big Love, his insightful and refreshingly honest collection of personal essays, Scott relates these profound experiences as well as everyday struggles and triumphs in ways that are universally applicable, uplifting, and laugh-out-loud funny. Whether silencing shame, rebounding after failure, or moving forward despite fears, Scott shares hard-won insights that consistently return readers to love, both of themselves and others.

*A Publishers Weekly Best Book of 2018* *A Bustle Best Nonfiction Book of 2018* *One of Chicago Tribune's Favorite Books by Women in 2018* *A Self Best Book of 2018 to Buy for the Bookworm in Your Life* By the acclaimed critic, memoirist, and advice columnist behind the popular "Ask Polly," an impassioned collection tackling our obsession with self-improvement and urging readers to embrace the imperfections of the everyday Heather Havrilesky's writing has been called "whip-smart and profanely funny" (Entertainment Weekly) and "required reading for all humans" (Celeste Ng). In her work for New York, The Baffler, The New York Times Magazine, and The Atlantic, as well as in "Ask Polly," her advice column for The Cut, she dispenses a singular, cutting wisdom—an ability to inspire, provoke, and put a name to our most insidious cultural delusions. What If This Were Enough? is a mantra and a clarion call. In its chapters—many of them original to the book, others expanded from their initial publication—Havrilesky takes on those cultural forces that shape us. We've convinced ourselves, she says, that salvation can be delivered only in the form of new products, new technologies, new lifestyles. From the allure of materialism to our misunderstandings of romance and success, Havrilesky deconstructs some of the most poisonous and misleading messages we ingest today, all the while suggesting new ways to navigate our increasingly bewildering world. Through her incisive and witty inquiries, Havrilesky urges us to reject the pursuit of a shiny, shallow future that will never come. These timely, provocative, and often hilarious essays suggest an embrace of the flawed, a connection with what already is, who we already are, what we already have. She asks us to consider: What if this were enough? Our salvation, Havrilesky says, can be found right here, right now, in this imperfect moment.

This eye-opening text brings together research from behavioral science, neuroscience, and other fields to make a cogent case for emotions acting as a practical framework for living our lives. A dozen basic emotions are analyzed in terms of what causes them, how they change thoughts and behaviors, and the functional value of these responses. Contrary to the common idea of emotions as fleeting occurrences, they are shown as having the potential for lasting impact on moods, thoughts, and behaviors. Intriguing findings assert that even negative emotions such as jealousy and anger can have positive results such as promoting positive goals, and can lead to successful outcomes in overarching domains such as cognition and well-being. Among the topics covered: · How fear and anxiety promote attention and protective behavior. · How sadness and depression promote analysis of complex problems in goal-pursuits. · How happiness promotes sense of self and identity. The Function of Emotions is a valuable resource for students, researchers, and clinicians interested in the psychology and neuroscience of emotions and their function in everyday life. It will attract an interested readership among professionals working in such fields as education, management and leadership, social work, and psychotherapy.

First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

A RUNAWAY BRIDE Grace Marshall fled the church moments before her ceremony, leaving her twin sister buttoned into the wedding dress. A risky move for a good reason, and now she has to deal with the fallout. She expects the town and her family to be angry, but not this cowboy she just met. Who is he to judge? WITH SECRETS TO HIDE Horse trainer Mike Torres Thompson fabricated new identities for his siblings in order to keep them together after their parents died. Different location, different names, different lives. Once these last two kids are on their feet—and those feet moving out his door, he can pursue his own dream of a ranch for abused horses. Then he meets Grace, and all his carefully-formed plans run away like a mustang. Or a bride. Neither denies their physical attraction, but love? Can the runaway bride and the responsible family man overcome their pasts and learn to trust? Will they be able to take a leap of faith toward a future together?  

Author's note: While this is the second book in the series, it can be read at any time as a stand alone.
I hope you enjoy them all, in whatever order you read them. WHAT REVIEWERS ARE SAYING ABOUT MEGAN’S BOOKS: THE WEDDING RESCUE, Love in Little Tree Book 1 4 Stars (at the Long and Short Reviews site; 3 stars on Amazon), Long and Short Reviews The Wedding Rescue is a full bodied romance filled with a lot of emotional layers. There’s gentle humor, characters that are genuinely likeable, and a few that are not, with good reason. It’s a well told romance story that takes the time to explore all the nuances of ranch and community life and shares with a reader all its charm and quirks. 4 Stars, Jeep Diva reviews a slow burn type of romance you need to read this one! STAND-IN MOM 4 1/2 Stars, Romantic Times Book Reviews a -charming romance- and -a runaway good read.- 4 1/2 Books from Long and Short Reviews -rich in emotional detail- Voted Book of the Week at LASR Readers 4 Cups from Coffee Time Romance -This is a book you will be glad you took the time to read.- THE MARRIAGE SOLUTION 4 Stars, Romantic Times Book Reviews -a sweet story of love and parenting.- MARRYING THE BOSS 2008 Romantic Times Reviewers Choice Nominee Best First Book

A Circle is a Balloon and Compass Both is a collection of stories about love, the most elusive and problematic of all phenomena. With a mix of traditional, literary prose and bold--some might even say irresponsible--experimentation, Ben Greenman explores the ins and outs of modern romance. Expect tears, nudity, and recrimination. From the half-entertained summer affair between a part-time bartender and a married doctor in a Miami hotel to the cryptic pseudo-erotic love letters to a friend who is “more than a friend,” we experience the love of pop songs, the love of cohabitation in Chicago, and love that is so transporting it takes us to the moon--literally. “Like Green Day did for punk rock, and The Matrix for kung-fu flicks, this new collection from New Yorker editor Greenman could well become an advocate for the short story with those who haven’t been interested in the form. Amusing, palatable ... it’s precisely the sort of thing that can gain a new audience for a genre.” Time Out Chicago “A smart, tightly structured collection ... playful, wryly comical.” The Brooklyn Rail “Seriously funny.” San Francisco Chronicle “Wildly inventive, sometimes surreal, but tenderly told, these stories give a glimpse of what Phillip K. Dick might have written if he’d allowed himself a sincere broken heart.” Paste Magazine

What songs have made up “your” life s soundtrack? Which have captured your every mood and deepest sentiments? Pop music, like no other form of entertainment or art, is capable of articulating our feelings, desires, joy, and pain. In a few soul-grabbing minutes, artists from every genre from Little Richard to Lou Reed, Willie Nelson to Wu-Tang Clan, Sly and the Family Stone to the Rolling Stones can help us understand our place in our own lives. This collection of short, sharp essays by "New York Times" bestselling author Ben Greenman ("Mo Meta Blues"), organized around a thematic playlist of songs, serves as a reminder of the lyrical power of songwriting and the sonic ability of pop to capture the human experience. Greenman s wit, insight, and honesty are as sweet and satisfying as the hits (and the deep cuts) at the center of each essay."

A sharp and entertaining essay collection about the importance of multiple forms of love and friendship in a world designed for couples, from a laser-precise new voice. Sometimes it seems like there are two American creeds, self-reliance and marriage, and neither of them is mine. I experience myself as someone formed and sustained by others’ love and patience, by student loans and stipends, by the kindness of strangers. Briallen Hopper’s Hard to Love honors the categories of loves and relationships beyond marriage, the ones that are often treated as invisible or seen as secondary--friendships, kinship with adult siblings, care teams that form in times of illness, or various alternative family formations. She also values difficult and amorphous loves like loving a challenging job or inanimate objects that can’t love you back. She draws from personal experience, sharing stories about her loving but combative family, the fiercely independent Emerson scholar who pushed her away, and the friends who have become her invented or found family; pop culture touchstones like the Women’s March, John Green’s The Fault in Our Stars, and the timeless series Cheers; and the work of writers like Joan Didion, Gwendolyn Brooks, Flannery O’Connor, and Herman Melville (Moby-Dick like you’ve never seen it!). Hard to Love pays homage and attention to unlikely friends and lovers both real and fictional. It is a series of love letters to the meaningful, if underappreciated, forms of intimacy and community that are tricky, tangled, and tough, but ultimately sustaining.

An unwanted dog. An emotional rescue. Two lives forever changed. Laurie’s dreams had been shattered before she came to work at Crystal Peaks Youth Ranch—the ranch of rescued dreams—where broken horses and broken children encounter healing every day. In an attempt to soothe her aching soul, Laurie reached out to save a dog in need. And she soon began to realize that the dog was rescuing her. An inspiring true story told through the engaging voice of Kim Meeder, Blind Hope reveals poignant life lessons Laurie experienced from her ailing, yet courageous canine friend. Despite the blindness of her dog—and her own heart—Laurie uncovered what she really needed most: authentic love, unconditional trust, and true acceptance, faults and all. As Laurie and her dog, Mia, both learned to follow the lead of a master they couldn’t see, Laurie discovered the transforming power of God’s grace even for imperfect and selfish people—and she experienced a greater love than she had ever known. “Love is a bridge that stands firm through difficulties and connects one heart directly to another, not because of how it looks, but because of what it is.” —Kim Meeder, Blind Hope

Because “grieving for an animal can be a pretty lonely place,” Barbara Abercrombie created this joyful, poignant, funny, and smart collection of commiseration. Readers meet the cat who entered a neighbor’s window and got in bed with strangers, the dog who demanded down pillows, and even a coyote who became part of the family. The essays highlight the sometimes surprising things animals add to a household -- and how their loss reverberates. Because these are such fine writers, each essay also reveals larger truths about life. Whether the reader is grieving a loss, cherishing a current companion, or simply relishing a tale well told, the message is clear: it is better to have loved and lost * All royalties
will be donated to Best Friends Animal Society * Includes stories by Anne Lamott, Jane Smiley, Jacqueline Winspear, Carolyn See, Mark Doty, and many others

Killian knows all about vampires and aliens. They’re not real. But when a handsome swimmer climbs into her storm-tossed boat an hour from her summer destination, the worlds of fantasy and reality suddenly collide… Cuttylea Island has no mall, no social scene, and no action. But it does have a mysterious stone tower, ageless islanders, and a secret as astonishing as a mermaid’s tale… Before the summer is through, Killian will find the truth of her family’s past…and the role she is destined to play in a centuries-old curse.

Beth Chambers’ life is no fairytale, even if she feels like a damsel in distress. After four years in a destructive relationship, Beth has decided enough is enough and leaves her girlfriend, taking with her only her dog Dudley, her broken spirit, and a shattered view of life. At her lowest point, she meets Amy Fletcher, a woman who has it all—and whom she believes would never want more than friendship. But what Beth fails to realise is that there are definitely two sides to every story. Could Amy Fletcher be Beth’s Princess Charming? Could her story end with a happily ever after?

When Samantha, the daughter of a Republican state senator, falls in love with the boy next door, she discovers a different way to live, but when her mother is involved in an accident Sam must make some difficult choices.

Rising Sun travels to rescue his cousins who along with the entire town have been held as hostages in the Oklahoma Territory. After freeing his cousins he travels to the Apache Nations to rescue his blood brother who is being held captive by the Comancheros. Rising Sun, his cousin and the cowboys from the Tribal Ranch have many adventures during these rescues. The story is full of action and will keep you on your seats edge reading all about it. If you enjoyed reading the story of Rising Sun To The Rescue then you will love the next book in the Rising Sun Series. Tell all your friends about the author Buddy Hannah.

“Ben Greenman seems incapable of writing anything dry or familiar or expected. He is one of the most versatile, consistently surprising writers at work today.” –Dave Eggers A diverse and moving collection of witty, fabular, haunting stories about love, infidelity, and the vanishing art of letter writing—from the acclaimed novelist and New Yorker editor Ben Greenman. Fans of the works of Keith Gessen, Ben Kunkel, Nathaniel Rich, and John Wray will find much to love in the beautiful, poignant stories of What He’s Poised to Do.

Collects articles, interviews, poems, and stories on romance, friendship, and self-care from the online magazine.

When B.J. Taylor first read about rescue dog Charlie Bear, she gazed at his photograph and knew right away he was the dog for her. She just hoped her husband, Roger, would agree. Thankfully, he did, and in the subsequent year, both B.J. and Roger soon discovered that Charlie Bear was brought into their world for a very special reason—to teach them about life, love, and second chances. Charlie Bear shares an intimate look at the first year in the life of a dog nearly labeled unadoptable by his foster mother due to his long list of behavioral issues. As he begins his new life, Charlie Bear ferociously guards his food and toys, throws temper tantrums, and is sensitive to touch. Although B.J. doubts their sanity in adopting Charlie Bear after he repeatedly attacks their other dog, Rex, she is determined to make it work for the sake of her husband, who has fallen in love. But when B.J.’s world begins to fall apart, she shares how time, patience, and faith helped her realize that Charlie Bear was not the only one who needed a second chance she did, too. Charlie Bear offers a loving tribute to a rescue dog that eventually sheds his headstrong ways, becomes a loving member of a family, and ultimately changes three lives forever.

Adam Silvera reminds us that there’s no life without death and no love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors’ Choice of 2017 * A Bustle Best YA Novel of 2017 * A Paste Magazine Best YA Book of 2017 * A Book Riot Best Queer Book of 2017 * A Buzzfeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They’re going to die today. Mateo and Rufus are total strangers, but, for different reasons, they’re both looking to make a new friend on their End Day. The good news: There’s an app for that. It’s called the Last Friend, and through it, Rufus and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of Before I Fall and If I Stay, They Both Die at the End is a tour de force from acclaimed author Adam Silvera, whose debut, More Happy Than Not, the New York Times called “profound.”

From Marley and Me to Temple Grandin’s groundbreaking books to Cesar Millan’s television show, America’s many millions of pet owners eagerly seek new insights into animal behavior, and one of the most popular sources of compelling stories and practical advice is DogTown, the National Geographic Channel’s latest hit show. A national rescue organization with more than 200,000 members, DogTown is the area where dogs live at the nation’s largest companion animal sanctuary run by Best Friends Animal Society. This informative, inspiring book presents representative stories of dogs considered unadoptable by other shelters. They come from many backgrounds: some were abandoned; some prowled the streets as strays; others suffer from mysterious illnesses, serious injuries, or antisocial behaviors that discourage potential adopters. But good fortune led them to Best Friends and the dedicated people devoted to
helping them recover and find welcoming homes. These compelling, winnily illustrated true stories, each uniquely moving and inspirational, draw upon the experience of veterinarians, trainers, and volunteers to probe a range of tough, touching cases that evoke both the joy and the occasional but inevitable heartbreak that accompanies this work. Each chapter follows a dog from the first day at Dogtown until he ultimately finds (or doesn’t find) a permanent new home, focusing both on the relationship between the dog and the Dogtown staff and on the latest discoveries about animal health and behavior. We learn how dogs process information, how trauma affects their behavior, and how people can help them overcome their problems. In the end, we come to see that there are no "bad dogs" and that with patience, care, and compassion, people can help dogs to heal.

"You have to bear in mind that [Questlove] is one of the smartest mother****'s on the planet. His musical knowledge, for all practical purposes, is limitless." --Robert Christgau

Mo' Meta Blues is a punch-drunk memoir in which Everyone's Favorite Questlove tells his own story while tackling some of the greats, the fakes, the philosophers, the heavyweights, and the true originals of the music world. He digs deep into the album cuts of his life and unearths some pivotal moments in black art, hip hop, and pop culture. Ahmir "Questlove" Thompson is many things: virtuoso drummer, producer, arranger, Late Night with Jimmy Fallon bandleader, DJ, composer, and tireless Tweeteer. He is one of our most ubiquitous cultural tastemakers, and in this, his first book, he reveals his own formative experiences--from growing up in 1970s West Philly as the son of a 1950s doo-wop singer, to finding his own way through the music world and ultimately co-founding and rising up with the Roots, a.k.a., the last hip hop band on Earth. Mo' Meta Blues also has some (many) random (or not) musings about the state of hip hop, the state of music criticism, the state of statements, as well as a plethora of run-ins with celebrities, ids, and fellow artists, from Stevie Wonder to KISS to D'Angelo to Jay-Z to Dave Chappelle to you ever seen Prince roller-skate?!? But Mo' Meta Blues isn't just a memoir. It's a book that questions what a book like Mo' Meta Blues really is. It's the side wind of a one-of-a-kind mind. It's a rare gift that gives as well as takes. It's a record that keeps going around and around.

When he is paired with a girl who has lost her legs, Rescue worries that he isn't up to the task of being her service dog.

investigates musically motivated autobiographical memories as they relate to the lifetime soundtrack to provide understanding of their occurrence, nuance, emotionality, and function for individuals. Drawing on in-depth discussions, each chapter reflects on a common theme or aspect of musically motivated memory.

Feminist Perspectives on Ethics is a unique guide to the development of feminist thought on ethics and moral agency. Each chapter offers a survey of feminist debates on key areas: the nature of feminist ethics; intimate relationships; professional ethics; politics; sexual politics; abortion and reproductive choices. Importantly, the author draws on the range of ideological viewpoints that exist to demonstrate the rich diversity of feminism and also attempts to break down dualistic, discordant or simplistic understandings of ethics.

Long recognized for outstanding National Film Board documentaries and innovative animated movies, Canada has recently emerged from the considerable shadow of the Hollywood elephant with a series of feature films that have captured the attention of audiences around the world. This is the first anthology to focus on Canada's feature films - those acknowledged as its very best. With essays by senior academics and leading scholars from across the country as well as some fresh new voices, Canada's Best Features offers penetrating analyses of fifteen award-winning films. Internationally acclaimed directors David Cronenberg, Atom Egoyan, Denys Arcand, and Claude Jutra are represented here. Noteworthy films include Mon oncle Antoine, often cited as Canada's number one film of all time, such Cannes Festival favourites as Le déclin de l'empire américain and Exotica, and cult films Careful by Guy Maddin and Masala by Srinivas Krishna. The essays offer the latest word on these films and filmmakers, done from a variety of perspectives. Some of the films have never been examined in-depth before. Complete filmographies and bibliographies accompany each essay. A contextualizing introduction by Professor Gene Walz provides the necessary overview. An annotated bibliography of books on the Canadian film industry completes this impressive package.

As a young child, becoming a beautiful bride seemed like the ultimate fairy-tale dream. But for Alex Payne, the fantasy of marriage has transformed into a shattering nightmare. Facing constant verbal abuse, sexual violence, and intimidation from her husband Greg, Alex has become a broken shell of the person she used to be. And since Greg slaughtered her beloved puppy Beatrice, she's even more terrified than ever to leave. When Alex learns Greg has been unfaithful, she finally shares her entire story with her best friend Elise, who has also experienced the horror of an abusive relationship. With the help of Elise's boyfriend David, the trio devise a cunning plan to rescue Alex from her misery for good. But with a serial killer on the loose, this grand escape becomes more dangerous than Alex ever imagined-between a deranged murderer roaming the streets and a husband who has already threatened to kill her if she ever attempts to leave, will she manage to survive brutality at home and live to enjoy a new life of freedom?

Who wants to be rescued by a hot Alien Warrior Lord Super hero? Curvy, intelligent and determined Kyra must find a way to escape a failing space station after a collision with space junk. She needs a miracle. Rescued off the failing space station by 'foreign' astronauts, she discovers that not only are Aliens real, but they're also the inspiration for our Superheroes. Add a dash of gorgeous Warrior Lord
of the Star Ship Fleet that rescued her and she's destined to find love in the stars.

“Jessica Hopper’s criticism is a trenchant and necessary counterpoint not just on music, but on our culture at large.”—Annie Clark, St. Vincent

An acclaimed, career-spanning collection from a fiercely feminist and revered contemporary rock critic, reissued with new material. Throughout her career, spanning more than two decades, Jessica Hopper—revered and pioneering music critic, has examined women recording and producing music, in all genres, through an intersectional feminist lens. The First Collection of Criticism by a Living Female Rock Critic features oral histories of bands like Hole and Sleater Kinney, interviews with the women editors of 1970s-era Rolling Stone, and intimate conversations with iconic musicians such as Björk, Robyn, and Lido Pimienta. Hopper journeys through the truths of Riot Grrrl’s empowering insurgence; decamps to Gary, Indiana, on the eve of Michael Jackson’s death; explores the grunge-era mythologies of Nirvana and Courtney Love; and examines the rise of emo. The collection also includes profiles and reviews of some of the most-loved, and most-loathed, women artists making music today: Fiona Apple, Kacey Musgraves, M.I.A., Miley Cyrus, Lana Del Rey. In order for the music industry to change, Hopper writes, we need “the continual presence of radicalized women . . . being encouraged and given reasons to stay, rather than diminished by the music which glues our communities together.” The First Collection of Criticism by a Living Female Rock Critic—published to acclaim in 2015, and reissued now with new material and an introduction by Samantha Irby—is a rallying cry for women-centered history and storytelling, and a groundbreaking, obsessive, razor-sharp panorama of music writing crafted by one of the most influential critics of her generation.

WALL STREET JOURNAL BESTSELLER! Harness the "power of can’t" to make your big, impossible dreams a reality with help from a creative entrepreneur who's turned her quirky passion into a global force. People always ask Shelley Brander what possessed her to leave the successful advertising firm she founded with her husband to open a local yarn store. And then they wonder how that one storefront grew into an e-commerce business, and from there into a global movement to Knit the World Together. In Move the Needle, Shelley shares stories from her life to show that you can pursue your life’s passions--both personal and professional--no matter how quirky or impossible they may seem to everyone around you. Whether you are an entrenched or aspiring entrepreneur, or have a passion that just won’t let you go, Shelley shares lessons from her journey that reveal how to: • Put your passion first and make your creative side hustle your main gig • Recognize the true value of creativity and experimentation • Have hope against all odds • Surround yourself with supportive people • Cut ties with those who weigh you down • Believe in the power of your weird, impossible dream! In Move the Needle, Shelley invites you to embrace your passion and hold space for your seemingly improbable (but totally possible) goals, dreams, and purpose.

From the editor of the New York Times' popular "Modern Love" column, the story of love from beginning to end (or not). Love. We want it. We need it. We pay it homage with songs and poems and great works of art. And when we lose it, there's no pain as intense or excruciating. For centuries we've been trying to figure it out, control it, or just get better at it. As the editor of a column about love for the New York Times, Daniel Jones reads thousands of stories about people’s intimate relationships—the ones that soar, crash, or hum along, from the bizarre to the supposedly “normal.” It's possible that he's read more true love stories than anyone on earth. In Love Illuminated, he teases apart this mystifying emotion that thrills, crushes, and sustains. Drawing from the 50,000 stories that have crossed his desk over the past decade, Jones explores ten aspects of love—pursuit, destiny, vulnerability, connection, trust, practicality, monotony, infidelity, loyalty, and wisdom—and creates a lively, funny and enlightening journey through this universal human experience that jangles the head and stirs the heart.

What songs have made up "your" life's soundtrack? Which have captured your every mood and deepest sentiments? Pop music, like no other form of entertainment or art, is capable of articulating our feelings, desires, joy, and pain. In a few soul-grabbing minutes, artists from every genre from Little Richard to Lou Reed, Willie Nelson to Wu-Tang Clan, Sly and the Family Stone to the Rolling Stones can help us understand our place in our own lives. This collection of short, sharp essays by "New York Times" bestselling author Ben Greenman ("Mo Meta Blues"), organized around a thematic playlist of songs, serves as a reminder of the lyrical power of songwriting and the sonic ability of pop to capture the human experience. Greenman's wit, insight, and honesty are as sweet and satisfying as the hits (and the deep cuts) at the center of each essay.

A "haunting meditation on trust, hope and love" by a woman who adopts and trains a Golden Retriever puppy to become a search-and-rescue dog (People). In the wake of the Oklahoma City bombing, Susannah Charleson’s attention was caught by a newspaper photograph of a canine handler, his exhausted face buried in the fur of his search-and-rescue dog. Susannah, a dog lover and pilot with search experience down • Believe in the power of your weird, impossible dream! In Move the Needle, Shelley invites you to embrace your passion and hold space for your seemingly improbable (but totally possible) goals, dreams, and purpose.

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The sexual politics of a faculty wives dinner. The psychological gamesmanship of an inappropriate therapist. The emotional minefield of an extended family wedding . . . Whatever the subject, Emily Fox Gordon’s disarmingly personal essays are an art form unto themselves—reflecting and revealing, like mirrors in a maze, the seemingly endless ways a woman can lose herself in the modern world. With piercing humor and mesmerizing precision, Gordon navigates her way through “the involved paradise” of academia, with its dying breeds of bohemians, addicts, and flirts, then stumbles through the perils and pleasures of psychotherapy, hoping to find a narrative for her life. Along the way, she encounters textbook feminists, partying philosophers, perfectionist moms, and an unlikely kinship with Kafka—in a brilliant collection of essays that challenge our sacred institutions, defy our expectations, and define our lives.

A unique and kaleidoscopic look into the life, legacy, and electricity of the pop legend Prince and his staggering impact on popular culture. New Yorker Times bestselling author, contributing writer to The New Yorker, and author of thousands of recordings of Prince and Prince-related songs, knows intimately that there has never been a rock star as vibrant, mercurial, willfully contrary, experimental, or prolific as Prince. Uniting a diverse audience while remaining singularly himself, Prince was a tireless artist, a musical virtuoso and chameleon, and a pop-culture prophet who shattered traditional ideas of race and gender, rewrote the rules of identity, and redefined the role of sex in pop music. A polymath in his own right who collaborated with George Clinton and Questlove on their celebrated memoirs, Greenman has been listening to and writing about Prince since the mid-eighties. Here, with the passion of an obsessive fan and the skills of a critic, journalist, and novelist, he mines his encyclopedic knowledge of Prince’s music to tell both his story and the story of the paradigm-shifting ideas that he communicated to his millions of fans around the world. Greenman’s take on Prince is the autobiography of a generation and its ideas. Asking a series of questions—not only “Who was Prince?” but “Who wasn’t he?” and “Who are we?”—Dig if You Will the Picture is a fitting tribute to an extraordinary talent.

In this heartfelt, thoughtful, and inspiring memoir, New York Times bestselling author Jon Katz tells the story of his beloved rescue donkey, Simon, and the wondrous ways that animals make us wiser and kinder people. In the spring of 2011, Jon Katz received a phone call that would challenge every idea he ever had about mercy and compassion. An animal control officer had found a neglected donkey on a farm in upstate New York, and she hoped that Jon and his wife, Maria, would be willing to adopt him. Jon wasn’t planning to add another animal to his home on Bedlam Farm, certainly not a very sick donkey. But the moment he saw the wrenching sight of Simon, he felt a powerful connection. Simon touched something very deep inside of him. Jon and Maria decided to take him in. Simon’s recovery was far from easy. Weak and malnourished, he needed constant care, but Jon was determined to help him heal. As Simon’s health improved, Jon would feed him by hand, read to him, take him on walks, even confide in him like an old and trusted friend. This, miraculously, as if in reciprocal simulation, Simon began to reveal to Jon the true meaning of compassion, the ways in which it can transform our lives and inspire us to take great risks. This radically different perspective on kindness and empathy led Jon to a troubled border collie from Ireland in need of a home, a blind pony who had lived outside in a pasture for fifteen years, and a new farm for him and Maria. In the great tradition of heroes—from Don Quixote to Shrek—who faced the world in the company of their donkeys, Jon came to understand compassion and mercy in a new light, learning to open up “not just to animals, but to the human experience. To love, to risk, to friendship.” With grace, warmth, and keen emotional insight, Saving Simon plumbs the depths of the bonds we form with our animals, and the rewards of “living a more compassionate, considered, and meaningful life.” Praise for Saving Simon “Heartwarming . . . a touching tale.”—USA Today “Highly recommended . . . an enjoyable and thoughtful work.”—Library Journal (starred review) “[Saving Simon] handles the emotional highs and lows of living with animals with empathy and thoughtfulness, forcing readers to examine their own meanings of compassion and mercy.”—Kirkus Reviews “The message of this true story will linger with the reader long after the book has been placed on the shelf.”—Bookreporter

The Slippage is a wry, wistful tale of marriage, lust, and disconnection from Ben Greenman, the critically acclaimed author of What He’s Poised to Do. William Day must confront some uncomfortable truths about his life and his future when his wife Louisa asks him to build her house. The take-it-or-leave-it demand becomes all the more difficult to swallow when he finds himself grappling with a past recklessness, an ex-girlfriend’s son he considers his own, and his own wants for what lies ahead. Sure to appeal to everyone who has ever been in love and had their heart broken, The Slippage shares uncanny truths about intimacy and modern relationships.

Essays by a Whiting Award winner: “Like a descendant of Lewis Carroll and Emily Dickinson . . . one of the most exciting and original writers in America.”—Yiyun Li, author of Must I Go Things That Are takes яelirious humor and merciless precision, and imperturbable caterpillars as just a few of its many inspirations. In a series of essays that progress from the tiniest earth dwellers to the most far-flung celestial bodies—considering the similarity of gods to donkeys, the inexorability of love and vines, the relations of exploding stars to exploding sea cucumbers—Amy Leach rekindles a vital communion with the wild world, dormant for far too long. Things That Are is not specifically of the animal, the human, or the phenomenal; it is a book of wonder, one the reader cannot help but leave with their perceptions both expanded and confounded in delightful ways. This debut collection comes from a writer whose accolades precede her: a Whiting Award, a Rona Jaffe Award, a Best American Essays selection, and a Pushcart Prize before her first book-length publication. Things That Are marks the book-length debut of an extraordinary talent, a new and powerful voice in contemporary writing. Kery is an entirely new brand of nonfiction writer, in a mode like that of Ander Monson, John D’Agata, and Eula Biss, but a new sort of beast entirely its own. “Explores fantastical and curious subjects pertaining to natural phenomena . . . for those interested in looking at the natural world through the lens of a fairy tale, this is a bonbon of a book.”—Kirkus Reviews
In this life-changing book, acclaimed Buddhist teacher Dzogchen Ponlop Rinpoche shows how to free yourself from being a victim of your emotions by gaining the awareness and understanding that will help you harness their power. Emotions bring color and meaning to our lives, but they can also put us on an exhausting rollercoaster ride that takes us to blissful peak states, the depths of delusion and despair, and everything in between. It is only by learning to relate to our emotions skillfully that we benefit from their richness and glean wisdom, rather than letting them control us. Emotions get their power from a simple but deep-seated source: our lack of self-knowledge. When we bring awareness to our experience of emotions, something truly amazing happens—they lose their power to make us miserable. In this book, Rinpoche leads us through the three steps of his Emotional Rescue Plan. Mindful Gap is the practice of creating a safe distance between you and your emotions, which gives you the psychological space to work with their energy. Clear Seeing involves recognizing the bigger picture. Last, Letting Go is the practice of releasing stressful physical and emotional energy through exercise, relaxation, and awareness. With each step, we become increasingly familiar with the inner workings of our emotions, seeing straight to the heart of anger, fear, passion, jealousy, and pride. With time and practice, instead of leading us astray, our emotions become our guide towards living a more compassionate, creative, and fulfilling life.

LONGLISTED FOR THE NATIONAL BOOK AWARD • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY KIRKUS REVIEWS • In this moving, lyrical, and ultimately uplifting collection of essays, Michael Paterniti turns a keen eye on the full range of human experience, introducing us to an unforgettable cast of everyday people. Michael Paterniti is one of the most original and empathic storytellers working today. His writing has been described as “humane, devastating, and beautiful” by Elizabeth Gilbert, “spellbinding” by Anthony Doerr, and “expansive and joyful” by George Saunders. In the seventeen wide-ranging essays collected for the first time in Love and Other Ways of Dying, he brings his full literary powers to bear, pondering happiness and grief, memory and the redemptive power of human connection. In the remote Ukrainian countryside, Paterniti picks apples (and faces mortality) with a real-life giant; in Nanjing, China, he confronts a distraught jumper on a suicide bridge; in Dodge City, Kansas, he takes up residence at a roadside hotel and sees, firsthand, the ways in which the racial divide turns neighbor against neighbor. In each instance, Paterniti illuminates the full spectrum of human experience, introducing us to unforgettable everyday people and bygone legends, exploring the big ideas and emotions that move us.

Paterniti reenacts François Mitterrand’s last meal in a rustic dining room in France and drives across America with Albert Einstein’s brain in the trunk of his rental car, floating in a Tupperware container. He delves with heartbreaking detail into the aftermath of a plane crash off the coast of Nova Scotia, an earthquake in Haiti, and a tsunami in Japan. He plunges into the stormy waters of language, uneathes the complicated, hidden truths these moments of extremity teach us about our ability to endure, and to love. Michael Paterniti has spent the past two decades grappling with some of our most powerful subjects and incomprehensible events, taking an unflinching point of view that seeks to edify as it resists easy answers. At every turn, his work attempts to make sense of both love and loss, and leaves us with a profound sense of what it means to be human. As he writes in the Introduction to this book, “The more we examine the grooves and scars of this life, the more free and complete we become.” Praise for Michael Paterniti and Love and Other Ways of Dying “One of the best books I’ve read all year . . . These pieces are exceptional artifacts of literary journalism.”—Mark O’Connell, Slate “These pieces are extraordinary. . . . Journalism elevated beyond its ordinary capacities, well into the realm of Literature.”—Columbia Journalism Review “A fearless, spellbinding collection of inquiries by a brilliant, globally minded essayist whose writing is magic and whose worldview brims with compassion . . . The size of Michael Paterniti’s curiosity is matched only by the size of his heart.”—Anthony Doerr, author of All the Light We Cannot See “Michael Paterniti is a genius.”—Elizabeth Gilbert, author of The Signature of All Things “One of the best living practitioners of the art of literary journalism, able to fully elucidate and humanize the everyday and the epic.”—Dave Eggers, author of The Circle “In each of these essays, Michael Paterniti unveils life for us, the beauty and heartbreak of it, as we would never see it ourselves but now can never forget it. Paterniti is brilliant—a rare master—and one of my favorite authors on earth.”—Lily King, author of Euphoria

This book argues that traditional images and practices associated with shame did not recede with the coming of modern Britain. Following the authors’ acclaimed and successful nineteenth century book, Cultures of Shame, this new monograph moves forward to look at shame in the modern era. As such, it investigates how social and cultural expectations in both war and peace, changing attitudes to sexual identities and sexual behaviour, new innovations in media and changing representations of reputation, all bring a new set of challenges for shame and reconstruction, making it thoroughly modern and in tune with twentieth century Britain’s expectations. Using a suite of detailed micro-histories, the book examines a wide expanse of twentieth century sites of shame including conceptions of cowardice/conscientious objection during the First World War, fraud and clerical scandal in the interwar years, the shame associated with both abortion and sexual behaviour redefined in different ways as ‘deviant’, shoplifting in the 1980s in the 1980s.
and lastly, how homosexuality shifted from 'Coming Out' to embracing 'Pride', finally rediscovering the positivity of shame with the birth of the 'Queer'.

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